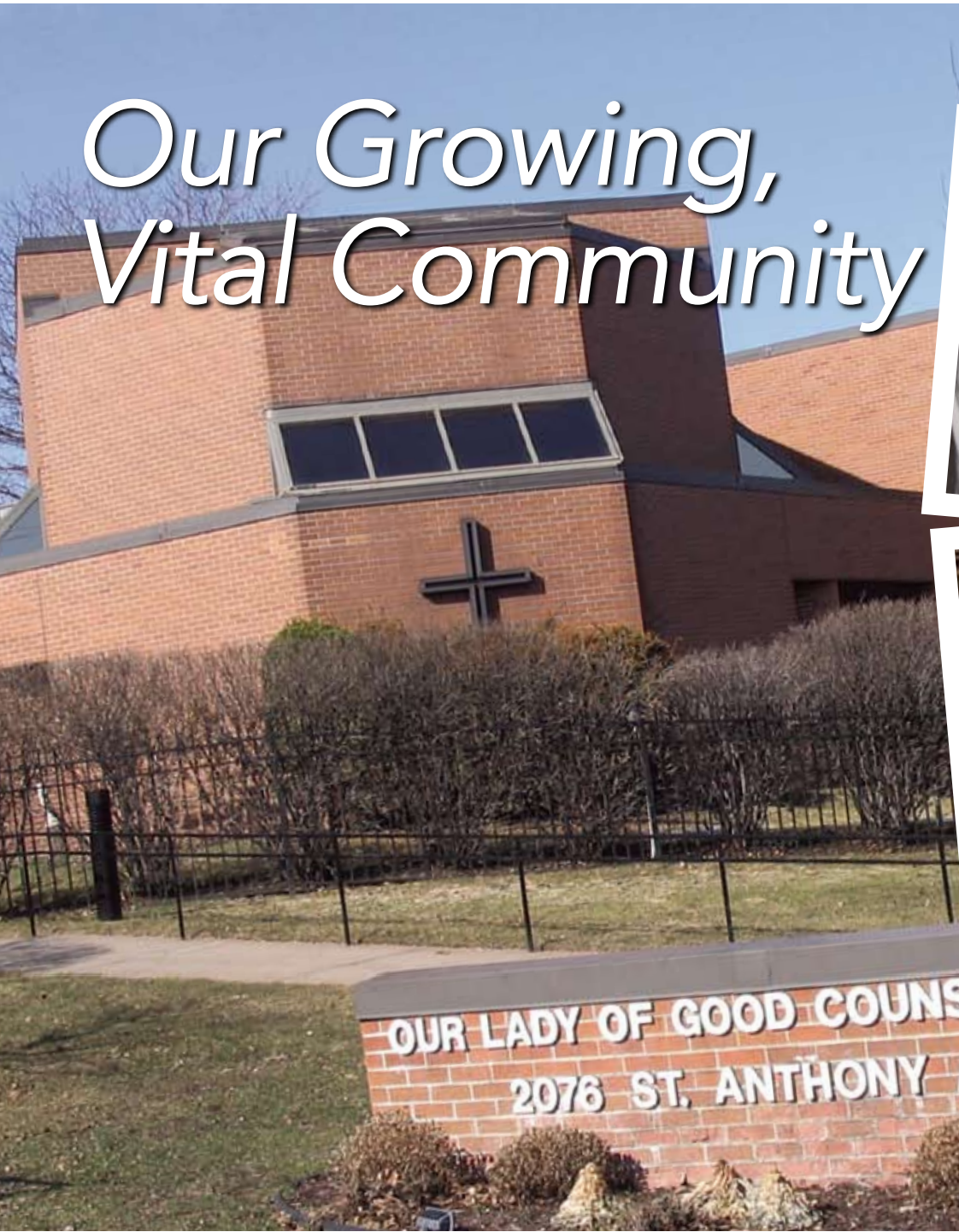


# AT HOME

*Your Health Community Resource*

SPRING 2009

## Our Growing, Vital Community



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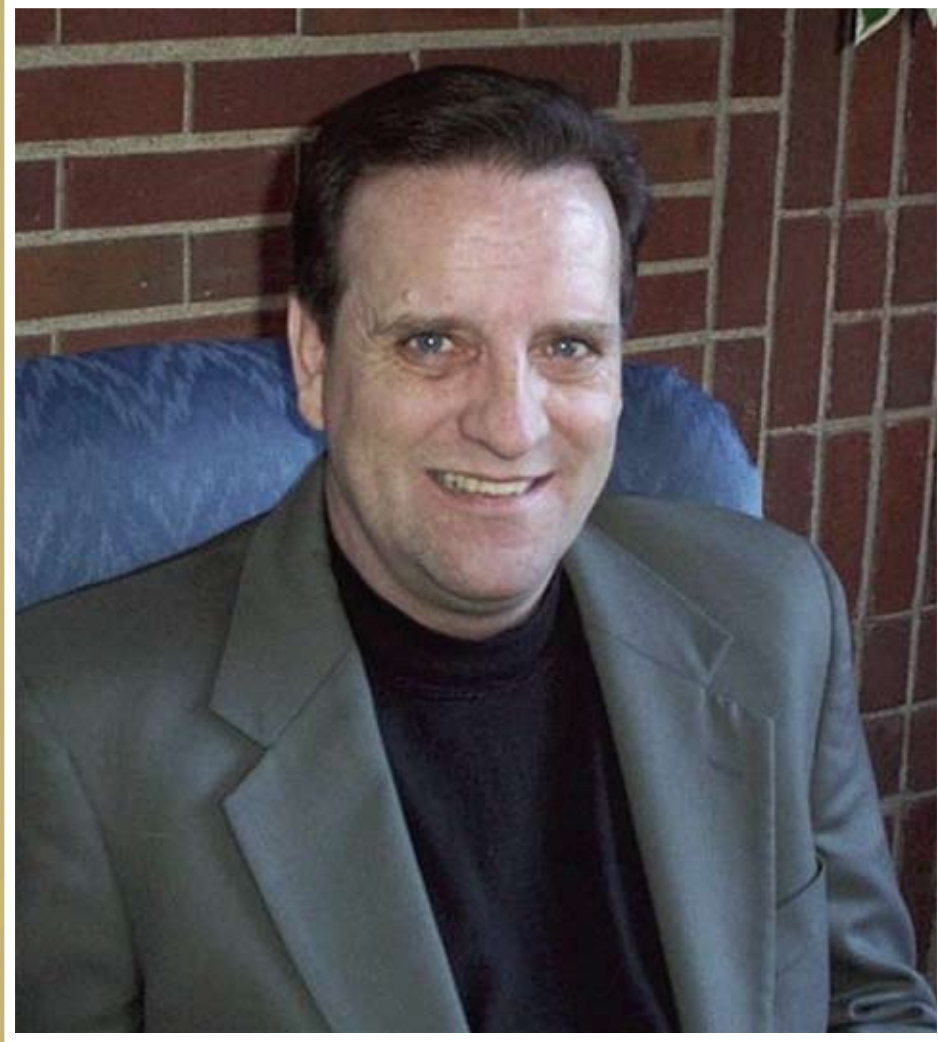
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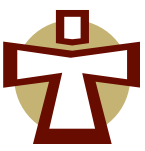
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## IN MEMORIUM

We remember Chief Financial Officer Jerry McNeil, 54, who died February 3, 2009, after a courageous battle with cancer. He is deeply missed. Jerry worked at FHC for nine years and was instrumental in the development of the *Highlands on Graham* apartments. To honor Jerry's life and legacy with a memorial gift, please visit [www. franciscancare.org](http://www.franciscancare.org) and click on *Giving*.





## LEADERSHIP

Dear Friends,

Franciscan Health Community is growing. In this issue of *At Home*, you will read about our latest addition, Our Lady of Good Counsel Home, which provides skilled care and end-of-life care for incurable cancer patients who cannot afford to pay for their care.

Our assumption of operational responsibilities at this residence—from the Dominican Sisters of Hawthorne—continues the loving, faithful care the Sisters provided for nearly 70 years. We are honored they entrusted us with this responsibility to serve individuals who need quality care and comfort in their remaining time.

You'll also read about some of the quality staff and volunteers who serve older adults with dedication and a loving, care-giving heart. Together, we provide a supportive environment that enables seniors to live the fullest, most engaging lives possible and reach their greatest potential. Our community's older adults deserve no less.

This issue of *At Home* arrives during challenging times, but while economic conditions vary, our mission continues; every day we must provide the very best care and living environment for the older adults and families we serve.

Did you know that since July 1, 2008, FHC has provided over \$1 million in free care at St. Mary's Home as a result of unreimbursed medical care? It's true. And if we do not provide this care for seniors without resources, who will?

That is why your support is so important to our mission, and we work diligently every day to earn and maintain your trust.

Thank you for your ongoing generosity and friendship.

Sincerely,

Steve Nielsen  
Board Chair

Joe Stanislav  
CEO



Steve Nielsen—Board Chair

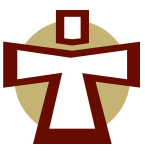


Joe Stanislav—CEO

## MISSION

Franciscan Health Community continues Christ's ministry of healing and compassion in the 21st century by providing health care, housing and services to seniors.

Franciscan Health Community offers a range of housing and care options, providing the services seniors need—at the level they need—so they may enjoy a fulfilling life regardless of age or infirmity.



## FHC ASSUMES OPERATION OF OUR LADY OF GOOD COUNSEL HOME FOR CANCER PATIENTS



*Our Lady of Good Counsel Home serves incurable cancer patients who cannot afford to pay for their care.*

Our Lady of Good Counsel Home, located at 2076 St. Anthony Avenue in Saint Paul, is the latest addition to the Franciscan Health Community. FHC assumed operational responsibilities for the nonprofit, skilled-care residence February 1, 2009.

The transfer agreement, which received formal approval from the Vatican, expands FHC's skilled-care and end-of-life care. FHC does not anticipate any operational changes at the residence.

The 40-bed care residence, for low-income persons with incurable cancer, was previously operated by the *Dominican Sisters of Hawthorne* for nearly 70 years. Kathryn Wornson is the residence's new Vice President of End of Life Care. (see accompanying article).

"We are honored to extend our nearly 75 year Catholic tradition in health care to ensure *Our Lady of Good Counsel Home* continues to provide quality, compassionate care for those in need," President and CEO Joe Stanislav said. "We're providing this care, with the help of our donor community, because there are few options for cancer patients who cannot afford to pay. Franciscan Health Community is committed to carrying on the Sisters' faithful example." Our Lady of Good Counsel Home receives no payment for the services provided and relies solely upon the generosity of donors to continue its ministry.

Residents receive quality end-of-life care and services to make them as comfortable as possible. The residents and their families have a variety of physical, spiritual, emotional and social needs. The care team's goal is to be sensitive and responsive to the special requirements of each individual and family.

Catholic Senior Services, the archdiocesan network established to assist in the orderly development of Catholic senior housing and services, facilitated the ownership change. Franciscan Health Community is a partnering affiliate of Catholic Senior Services.

"Our primary desire was to preserve the care and services that touch and enhance many lives. We found this in Franciscan Health Community," says Mother Mary Francis, Superior General of the Dominican Sisters of the Congregation of St. Rose of Lima and former President of *Our Lady of Good Counsel Home*.

"We wish to also express our gratitude to Archbishop John C. Nienstedt and Archbishop Harry Flynn who have both so graciously supported our community and our apostolic work," Mother Francis says.

"We also wish to thank the many priests, (especially the Clarist Franciscans), religious benefactors and volunteers who have so generously supported us in our consecrated and apostolic life," Mother Francis adds. "Special gratitude must be extended to our physicians and our employees. Their loyalty and dedication have enabled us to give quality care to thousands of

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*"Our primary desire was to preserve the care and services that touch and enhance many lives. We found this in Franciscan Health Community."*

*Mother Mary Francis, Superior General of the Dominican Sisters of the Congregation of St. Rose of Lima.*

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patients and their families. We ask for the prayers of all in the Archdiocese, that our religious community will be faithful and share God's love with whomever we are able to serve."

For more information on *Our Lady of Good Counsel Home*, please visit [www.franciscancare.org](http://www.franciscancare.org).

## STAFF PROFILE

*Kathryn Wornson Named Director of Our Lady of Good Counsel Home*



*Kathryn Wornson*

Kathryn Wornson, RN, the new vice president of end-of-life care for Our Lady of Good Counsel Home, brings significant expertise and a compassionate heart to her new role.

Wornson previously served for 12 years as director of the highly respected *North Memorial Home Health and Hospice*, one of the top programs of its kind in Minnesota with 250 employees. She also has held home health and hospice positions in Washington, California and Colorado. A highly respected professional in her field, Wornson also served as a Home Health and Hospice consultant, and for seven years was a Home Care Surveyor for the Joint Commission on the Accreditation of Health Care Organizations.

### A CAREGIVER'S HEART

Wornson was attracted to her new position because it offered a chance to more closely connect with the residents. "I really wanted to get back to a level where I'm connected more to the care," she explains. "I so appreciate the welcoming atmosphere here, FHC's great reputation, and the spiritual focus. It's a blessing to be

a part of sustaining the Sisters' care. The end-of-life movement began in the 1970s, but they were doing this since 1941, and doing it very well."

As you enter the residence, what's immediately noticeable is the pastoral sense of peace and calm. The 42 dedicated staff members bring a remarkable professionalism and compassion to their work, providing free care to those with incurable cancer.

It is this charitable aspect of the mission that especially appeals to Wornson. "This is a comfort for our residents, to know they don't have to have any worry or concern about burdening their family financially. They frequently cannot believe the care is free. They often say, 'How can this be?'"

### GENEROUS DONORS

The care is funded by a generous community of donors that values the importance of quality, dignified care in the final stages of life. "We are helping people prepare to die," Wornson says, "and while people typically prefer to be at home, sometimes this is the best place for them. It is a big relief for loved ones; they can say good-bye without being exhausted by the constant demands of a care giving role at home."

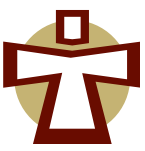
At *Our Lady of Good Counsel Home*, the focus is on comfort, caring and hope—hope for a comfortable day, to see loved ones, to recognize God's hand in their lives."

Volunteer clergy and the staff chaplain help residents to nourish their spirits. And two Franciscan Sisters continue to work at the residence as nursing assistants. Twice a week Mass and communion are offered in the beautiful chapel.

A dedicated team of 60 volunteers generously give time and talent to visit with residents, serve meals, cut and set hair, play music, fix eyeglasses, and bring flowers. "There is a large, vital network of people surrounding the residents in a profound way. And people are always calling asking how they can help," Wornson says.

"Our goal is to make the residents comfortable until they die, by managing their symptoms and supporting them and their families. There is a sense of Holiness here, and I'm proud to be a part of it."

*Wornson, a Fulbright scholar, is a graduate of Gustavus Adolphus College and the University of Minnesota.*



## RESIDENT PROFILE

Virginia Costello—A Full Life Lived Well



Virginia Costello, Riverview Highlands resident.

Nine years ago, Riverview Highlands resident Virginia Costello was visiting friends in Texas when she fell gravely ill. Virginia thought she had the flu. Thankfully, her friends took her to a major medical center a mere five minutes away. It wasn't the flu—Virginia was suffering a massive heart attack.

"I was carried into the hospital emergency room unconscious. The doctor later told me I would have been dead in another two minutes."

Sitting at her dining room table, her voice quiets as she recounts the experience for a visitor. "While I was unconscious, I felt my late husband Jack holding me by the shoulders and saying, 'Don't be afraid, Ginny, I'll show you the way,'" she relates, still moved by the experience. "I felt immensely comforted and didn't want to wake up."

Virginia's brush with death renewed her in a meaningful way. With a defibrillator-pacemaker implanted beneath her skin, she charged ahead, feeling like she'd been given a second chance.

She gave up her big Tudor house at Stanford and Crestin streets, the home where she'd lived with husband Jack for 43 years and raised three sons. "I'd survived the heart attack only later to fall and break an arm and my pelvis," she explains. "I just couldn't manage that big house any longer."

Virginia knew where she wanted to live. She and Jack had years earlier planned ahead and decided to live at Riverview Highlands. Jack, a CPA who died in 1999, had served on the Franciscan Health Community board of directors for 16 years and knew that would be a quality home for them in the later years.

Outgoing and gregarious Virginia quickly settled in. "I love living here at Riverview Highlands. It's warm and homey, and I know everyone. And they provide house-keeping and many of my meals; what's not to like," she exclaims with a laugh.

"And it's very secure, which I like. Jack wants me here," she adds as her voice trails off.

### LIVING FULLY

Virginia brought her volunteer heart to her new residence, driving the other ladies to their hair or doctor appointments. Every day, she helps the woman across the hall take her medications on time, a simple kindness that's enabling her neighbor to live independently and perhaps stave off a move to a more structured setting.

Virginia also helps run the weekly exercise class to help herself and other residents stay fit.

"Volunteering gives me more than I give to the older people I meet. Each of them has a story, and if I can give them some happiness by being their friend, and helping them stay healthy, it makes my life happier.

"It makes me feel that I'm making good use of the time the Lord has given me. I've lived longer than anyone in my family. I want to use this time that has been given to me to help people in need."

### LIFE STORIES

Today, Virginia is taking a creative writing class and writing her memoirs. She works at an electric typewriter on the dining room table, explaining to a visitor about the computer class she's taking to soon make the leap to the digital age.

And what stories she tells.

After high school graduation in the 1940s, she went to Hollywood with a friend whose uncle was a producer. Virginia landed a small role as an extra in a western, but the scene was cut from the final production. "The story of my life," she says with a chuckle. "I was offered a secretarial job, but my mother thought I should come home so I did."



*Virginia is writing her memoirs to share her interesting life experiences with others.*

As a young professional woman in her hometown of Minneapolis, Virginia worked at the Star Tribune newspaper and WCCO-AM, rubbing elbows with some of the great early broadcasters such as Cedric Adams and newspaper columnists like George Grim. Virginia helped start the Santa Anonymous program which is still in operation today collecting gifts for needy children during the holidays.

Because of her media work, Virginia was often asked to host visiting Hollywood stars and drive them to the VA Medical Center where they would entertain the veterans. She met Arthur Godfrey, Lana Turner, Burl Ives ("A wonderful man") and Robert Stack ("A real pain.").

At one particular VA program her eyes met those of a young, handsome veteran who'd lost a lung to tuberculosis contracted during the war. Virginia and Jack enjoyed 49 years of marriage together, immersed in an ever-widening social circle involving DFL politics, raising and showing horses nationally, refurbishing old horse-drawn carriages, serving as a Cub Scout den mother, teaching drama for the park district, and running a myriad of political campaign offices.

Jack served as a treasurer for two DFL congressmen for 32 years, so Virginia spent an abundance of time in the political limelight and behind the scenes of various campaigns. For 26 years, she volunteered as a tour

guide at the governor's mansion in St. Paul.

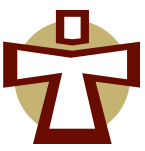
Virginia and Jack were connected. She knew Hubert H. Humphrey and shook hands with President John F. Kennedy and his brothers Robert and Edward. "Working in politics was a lot of fun, very revealing, so I have a lot to write about," she says.

Along the way, there were struggles. In the 1980s she battled cancer and won. She gave up smoking, too. "You have to pull yourself up, be resilient, and move on," she says revealing her philosophy for a vital life; to look at what's right, rather than what's wrong.

Virginia credits her agile mind to a love of music, her writing, and an active lifestyle.

Now, in the autumn of life, Virginia enjoys spending time with her three adult sons and their families, visiting with friends, and pursuing her volunteer work and other interests.

"My 16-year-old self would be surprised to see me today," she says with a smile. "I no longer drive, and at night I may fall asleep in the chair while reading. But I also think my 16-year-old self would be impressed that I'm so active in my 80s and still here," she exclaims.



## NEW BOARD MEMBERS APPOINTED

*Marian Adcock and Thomas Vogt have joined the Franciscan Health Community Board of Directors*

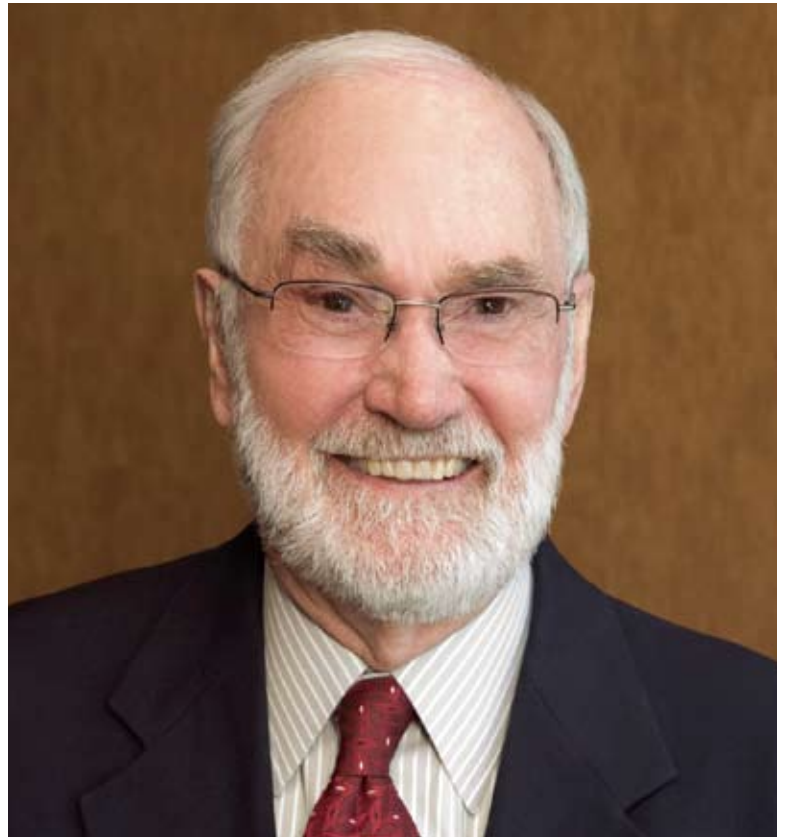


*Marian Adcock*

Ms. Adcock, who is now retired, brings extensive executive experiences in the non-profit humanitarian and health care fields. She spent a decade as Chief Executive Officer of the Minneapolis Area Chapter of the American Red Cross. Prior to that, Marian held senior executive positions at Hennepin County Medical Center and other health care facilities.

She has served the community through special appointments to bodies of Blue Cross/Blue Shield of Minnesota, the American Public Health Association, the American Hospital Association, the Governor's Drug and Chemical Abuse Taskforce, and the Veteran's Administration Medical Centers, among others.

Marian retired in 2005 after her husband, Dr. Leon Adcock, passed away. Since then she's become a botanical artist, and has participated in activities very different from her professional life. In 2006 she was crowned Lady-in-Waiting as part of the senior royal family for the *Saint Paul Winter Carnival*. The next year she was crowned a runner up and named Miss Congeniality at the *Ms. Minnesota Senior American Pageant*.



*Thomas Vogt*

Mr. Vogt was the recipient of the 2008 *Leonard E. Lindquist Distinguished Labor & Employment Attorney award*, presented by the Minnesota State Bar Association. The award recognizes one individual annually for their outstanding contribution to labor or employment law practice in Minnesota.

Tom was a partner of Felhaber, Larson, Fenlon & Vogt, the law firm he joined upon graduation from the University of Minnesota Law School in 1958. Tom dedicated his entire 45-year professional career to the practice of labor law. As one of the nation's preeminent labor lawyers, Tom's specialty was health care labor law.

Tom's reputation was consistent and stellar, always practicing with the highest ethical standards. He also taught labor law at the University of Minnesota from 1972 to 1982, was a contributing editor to *Developing Labor Law*, and a highly sought after speaker at conferences and CLE sessions nationally.

Consistently listed in *Best Lawyers in America*, Tom was active in the *Minnesota State Bar Association* from 1958 until his retirement in 2005, serving as Vice Chair and later Chair of the *Labor Law Section*. Tom is an avid skier and pilot.

## MIKE RANDALL NAMED DIRECTOR OF DEVELOPMENT & COMMUNICATIONS



Mike Randall

Mike Randall has joined Franciscan Health Community as the Director of Development and Communications. Mike is responsible for organizing a comprehensive

development program and managing all aspects of charitable giving.

Mike is especially dedicated to the needs of seniors as he is helping to care for his aging parents. "I have been able to witness first-hand how important it is to have caring staff, quality services, and comfortable housing for seniors to ensure they are content, safe, and engaged," Mike explained. "Having the opportunity to do that in a community filled with Christian values is truly a blessing for older adults."

"I am grateful to FHC's friends and supporters for believing in our mission. I hope to become acquainted with many of you and to engage you in the life of our community," he added.

Mike also does consulting work for St. Mary's Catholic School in Owatonna, Minn. Previously, Mike worked at Regions Hospital in St. Paul, and spent 13 years at Benilde-St. Margaret's School where he served as the Vice President of Development. He also worked for three years in the development office at St. Thomas Academy.

For more information about giving opportunities, please contact Mike at **651-696-8402** or via email at [dirdev@fhcare.org](mailto:dirdev@fhcare.org).

## GROWING IN FAITH, AT 97



Gladys Wagoner with family members and Father Larry Johnson.

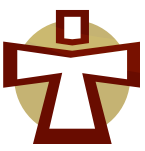
Gladys Wagoner, age 97 and a resident of St. Mary's Home, was a lifelong Lutheran until early March. That's

when Gladys took the step and became a Catholic—a meaningful conversion that she had long desired, and one that made her Catholic family very happy.

"Gladys had wanted to do this for several years apparently, but we started discussing it more in recent months," explains Susan Adam, director of pastoral care. "During prayer visits we would talk about professing our faith and the sacraments. We had some really good visits."

Once Gladys faced some health challenges, she decided the time was right. Susan called Father Larry Johnson who quickly agreed to assist Gladys. "It was quite a service," Susan explains. "We had the Profession of Faith, Confirmation, First Communion and the Anointing of the Sick on the same day. Certainly not the norm, but the other residents and tenants at the service erupted in enthusiastic applause for Gladys.

"This is very meaningful for our family," explains Carol Wagoner, Gladys's daughter-in-law. "She just loves the Mass at St. Mary's Home. And Father Johnson was so nice to her. He presented her with a rosary made of crushed rose petals from Peru. It is her first rosary and she's pretty thrilled."



## TAI CHI GOOD FOR MIND, BODY, AND SPIRIT...AT ANY AGE



*Tai Chi instructor Julie Cisler has been studying the exercise for 24 years. FHC is the only senior care campus where she teaches.*

*Residents discover Tai Chi helps with movement, relaxation, and can even lower blood pressure.*

Tai Chi Instructor Julie Cisler has been visiting monthly since December, sharing the fundamentals of Tai Chi with a dedicated group of eager St. Mary's Home residents. "Tai Chi is great for any age," Julie explains. "It helps with balance and movement to minimize falls, and it's great for breathing, relaxation and lowering blood pressure."

Residents, for now, are doing Tai Chi exercises while sitting. They all agree there are beneficial effects from the monthly gatherings. "FHC is the only senior care campus where I teach," says Julie, who teaches Tai Chi all over the Twin Cities. "It's nice; I love coming here."

## TROPICAL WAS TOPICAL IN FEBRUARY



*Beachcomber Bob entertained residents with some classic songs, complete with inflatable palm tree.*

*Residents donned colorful Hawaiian leis and joined the party.*

St. Mary's Home residents warmed quickly to the February Beachcomber Bob entertainment program. Bob

sang a number of classics from yesteryear and had residents joining in to sing many tunes.

# VOLUNTEERS

*Helpful and Giving, Meet Tom Cannon*



*Tom Cannon*

Volunteer Tom Cannon of Eden Prairie is a star every day at Franciscan Health Community. But this dedicated volunteer was introduced to the Twin Cities on WCCO radio last Thanksgiving when he was named a *Good Neighbor* by WCCO radio.

"For the past nine years, Tom has faithfully volunteered 30 to 35 hours a month at the Franciscan Health Community in St. Paul," the radio announcer explained. "Summer hours are spent giving careful attention to the grounds & exterior of the three buildings; winter takes him indoors for painting and miscellaneous projects.

*"I enjoy visiting with the residents, which is sometimes more important than the maintenance work I do."*

*Tom Cannon, Volunteer*

Tom is someone who sees what needs attention and takes the initiative. If the many skills he has from his engineering career aren't enough, he eagerly does research to solve and fix problems.

Tom has served on the board of the Eden Prairie town home association where he lives and is always helpful to those in that neighborhood as well—doing things for them before they even realize their need.

Tom hasn't let a severe hearing loss prevent him from respectfully serving others, all the while maintaining a good sense of humor.

Tom started volunteering after his mother-in-law moved to St. Mary's Home in 2000. "My wife and I visited often and I decided to get involved and help out," Tom says. "During the summer, I trim the bushes around the complex. I enjoy the physical work, and after having done it for 38 years at our previous home, I felt it was something I was good at," he adds with a laugh.

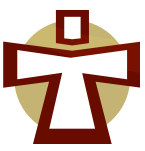
Tom, a retired chemical and mechanical engineer, found that he could use his technical skills, too. "During the winter I become familiar with the building maintenance staff and help with painting and general maintenance, things like repairing handrails, light fixtures, dripping faucets and running toilets," he explains.

Tom's volunteer work also takes him to Highlands on Graham and Riverview Highlands. "I help out and do whatever I can to keep the cost down for the folks who live there. I enjoy visiting with the residents, which is sometimes more important than the maintenance work I do."

"Volunteers are a blessing to us," says Jennifer Lawrence, volunteer services coordinator. "They are often the first friendly faces residents and visitors see each day. We give Tom, and all of our volunteers, a heartfelt thank you for their compassionate service."



*Tom Cannon checks a door latch at St. Mary's Home, one of the maintenance duties the former engineer performs as a volunteer.*



## BECOME A VOLUNTEER, BRIGHTEN LIVES



**Activity Assistants** help with activities at St. Mary's Home, and /or the Adult Day program. Volunteers enliven the day with bingo, table games, craft groups, reading, special events, baking, and much more.

**Chapel Assistants** work with pastoral care staff to help elders pursue their faith. Volunteers transport residents to and from daily worship at St. Mary's Home, set up for mass, may be invited to serve as readers or Eucharistic ministers, and distribute communion to residents who cannot attend mass.

**Befrienders** visit with seniors, read to them, play cards, do their nails, lend an ear and offer their friendship. As part of the Block Nurse Program, Befrienders may visit with seniors who live independently in their private homes.

**Office Assistants** do light administrative filing, mailing and copying in the business office; and may assist in the physical therapy or medical records departments.

**End-of-Life-Care Volunteers** provide one-on-one visits with patients and families, and assist with administrative duties. These volunteers receive additional training.

*For more information on volunteer opportunities, please contact Jennifer Lawrence at 696-8416.*

Franciscan Health Community's volunteers assist and befriend seniors every day, enriching their own lives along the way. If you'd like to donate time and talents, there are volunteer opportunities to suit most schedules and interests.

Current volunteer opportunities include:

**Pet Visitors** bring their pets and visit with residents twice a month. No training is necessary, but you must provide current documentation of your pet's vaccinations when you complete volunteer orientation. Pets must be leashed and well behaved when in the facility.

**Volunteer Drivers** deliver hot noon meals to people who live in the Macalester/West 7th Street area, drive people to their doctor appointments for the Highland Block Nurse Program, bus home Adult Day Service participants and drive apartment tenants on shopping outings.

**Beauty Shop Transporters** bring St. Mary's Home residents to and from the residence's beauty shop, typically between 8:30 a.m. and noon.



# YOU MAKE A DIFFERENCE IN THE LIVES OF SENIORS

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challenging economic conditions. "Community support helps close the gap between ever rising costs and government reimbursement rates that fail to keep pace with inflation," said President and CEO Joe Stanislav.

Since July 1, 2008, FHC has provided more than \$1 million in free care at St. Mary's Home as a result of unreimbursed medical care.

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*"Gifts from generous donors help provide the extra level of quality programs our residents deserve and enjoy."*

*President and CEO Joe Stanislav*

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Thanks to your generosity, older adults enjoy a quality of life that keeps them engaged and fulfilled. For example, your annual fund gift:

- supports the pastoral care program that helps seniors pursue a spiritual life through worship and the sacrament;
- supports the volunteer program that brings the community members to Franciscan Health Community to befriend and assist seniors;
- supports staff improvement programs to ensure staff members' professional skills are continually up-to-date;
- helps support the Adult Day Services program which eases isolation, offers a respite for family caregivers, and keeps elders involved and active so they can continue to live as independently as possible.
- supports the cost of care for seniors who have fallen on difficult financial times while living at a Franciscan Health Community residence.

*For information on ways to support Franciscan Health Community's programs, please call Director of Development & Communications Mike Randall at 651-696-8402 or visit [www.franciscancare.org](http://www.franciscancare.org).*

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Financial support from dedicated donors like you help fund the quality care and programs that seniors enjoy each day. You recognize our shared Christian responsibility to care for older loved ones and friends with dignity and respect.

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**SINCE JULY 1, 2008, FHC HAS PROVIDED MORE THAN \$1 MILLION IN FREE CARE AT ST. MARY'S HOME AS A RESULT OF UNREIMBURSED MEDICAL CARE.**

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Your philanthropy helps fund innovative programs that enrich daily living. This support enables Franciscan Health Community to maintain quality programming despite



## NEW WEBSITE, DONATE ONLINE!

Have you visited [www.franciscancare.org](http://www.franciscancare.org) lately? The website has been given a fresh look. All programs and services are fully detailed.

You can easily donate online to support Franciscan Health Community programs that bring a special vitality to daily living.

Visit [www.franciscancare.org](http://www.franciscancare.org) and click on Giving.  
Online donation is completely secure.

## GENEROUS FRIENDS

*We welcome your gift to support the vital mission serving the community's elders.*

Franciscan Health Community is pleased to acknowledge the gifts and memorials from a caring community of individuals, churches, and groups. These gifts were provided between October 1, 2008, and March 31, 2009. Every effort is made to ensure accuracy. If you see an error or omission, please contact Mike Randall, director of development and communications, at **651-696-8402**.

### ANNUAL FUND

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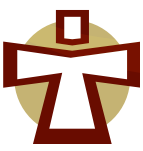
**Fred Lang**  
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**Charles Lundquist**  
Stella C. Lundquist



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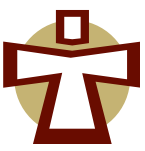
**Russell Spurrier**  
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## YOUR LEGACY MAKES A DIFFERENCE

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A planned estate gift to Franciscan Health Community is a wonderful way to enhance the lives of our seniors in their later years and leave a lasting legacy.

Your deferred gift, in the form of a will bequest, living trust or gift annuity, supports a loving home where elders pursue fulfilling, meaningful lives to the greatest

extent possible. Residents enjoy spiritual enrichment and engaging programs, all in a loving home where they know the certainty of God's love.

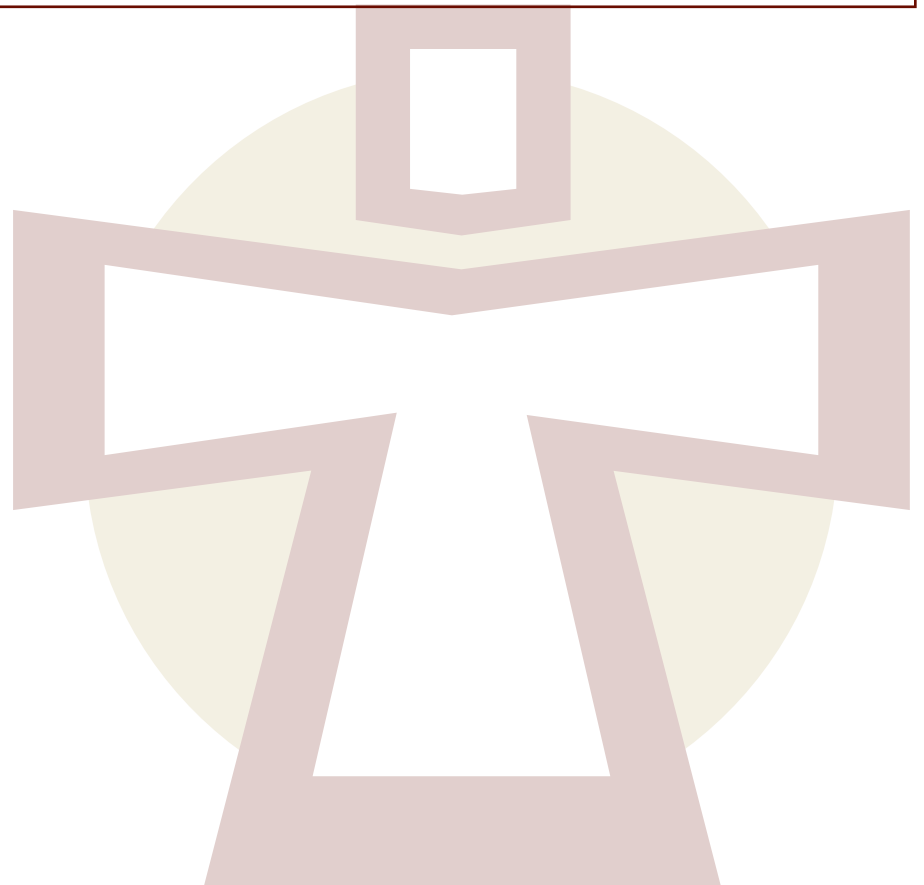
*For more information on planned giving options please contact Director of Development & Communications Mike Randall at **651-696-8402**.*

### FOR YOUR FINANCIAL PLANNER

Here is the official legal bequest language for your financial planner:

"I, [name], of [city, state, ZIP], give, devise and bequeath to Franciscan Health Community, 1925 Norfolk Avenue, Saint Paul, MN 55116, [written amount or percentage of the estate or description of property] for its unrestricted use and purpose."

Please let us know if you have included Franciscan Health Community in your will. We would like the opportunity to thank you for your generosity.





## RESIDENCES

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**St. Mary's Home**  
skilled care/  
transitional care  
**651-696-8400**

**Riverview Highlands**  
independent living  
with services  
**651-696-8420**

**Highlands on Graham**  
independent living with  
services  
**651-696-8500**

**Our Lady of Good  
Counsel Home**  
end-of-life skilled care  
**651-646-2797**

## SERVICES & PROGRAMS:

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**St. Mary's Adult Day Services**  
**651-696-8415**  
Safe, supportive weekday  
socialization for seniors.

**Franciscan Home Health Care**  
**651-696-8548**  
Medicare-certified skilled nursing  
care provided in the home setting.

**Pastoral Care**  
**651-696-8400**  
Daily worship opportunities for  
seniors of all faiths.

**Southwest Area Meals**  
**651-696-8439**  
Volunteer drivers from local par-  
ishes deliver hot meals. Special  
diets are available. There are no  
eligibility requirements.

**St. Mary's Hospice**  
**651-696-8548**  
Comforting care provided in  
the home for terminal patients.  
Bereavement support for family  
members.

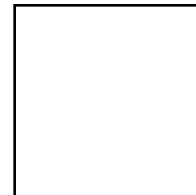
**Volunteer Opportunities**  
**651-696-8417**  
Volunteer opportunities available  
for youth and adults.

**Highland Block Nurse Program**  
**651-696-8425**  
In-home public health nursing  
care enables seniors 65 and older  
to live independently.



Franciscan Health Community  
1925 Norfolk Avenue  
St. Paul, MN 55116-2699

[www.franciscancare.org](http://www.franciscancare.org)



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St. Paul, MN 55116-2699  
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Fax: 651-696-8404  
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